



Intro

## E - RACING SERIES

February 21<sup>st</sup>, 28<sup>th</sup> and March 7<sup>th</sup>, 2021

As an extension to the IRL racing calendar we would like to invite all cyclists to join us for the first in a series of virtual race events. USAC licenses are optional so these events are for everyone.

These events will give you the opportunity to test out your race fitness and feed your hunger for competition.

**Platform:** Zwift

**Location:** Your favorite pain cave. Off the couch, past the frig then turn at your happy place.

**Requirements:** Active Zwift account, suitable connection device (Smart phone/Tablet, PC/Laptop, or Apple TV)  
Ant+ or Bluetooth speed and cadence sensor, Smart Trainer

**Bonus:** Zwift Companion for on screen controls, Discord for group audio chat, Zoom for video debrief.

**Technical Support Link:** You will receive this link 48 hours prior to the event with your race confirmation.

**For more information:** [Link](#)

### Category Equivalents

<b>Men</b>	A = 4.0 w/kg and above $\cong$ Cat. 1 & 2 B = 3.2-3.9 w/kg $\cong$ Cat. 3 C = 2.5-3.1 w/kg $\cong$ Cat. 4 D = 2.4 w/kg and below $\cong$ Cat. 5	<b>Women</b>	A = 3.7 w/kg and above $\cong$ Cat. 1 & 2 B = 3.2-3.7 w/kg $\cong$ Cat. 3 C = 2.5-3.2 w/kg $\cong$ Cat. 4 D = 1-2.4 w/kg $\cong$ Cat. 5
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Category	Start Time	Distance	Time*
Pre-race Support	8:00 AM		1 hour
Women's A/B	9:00 AM	10 Laps – 32.1 km	45 minutes
Open A/B	9:05 AM	10 Laps – 32.1 km	40 minutes
Women's C/D	09:10 AM	7 Laps – 23.1 km	35 minutes
Open C/D	09:15 Am	7 Laps – 23.1 km	30 minutes
Debrief and Zwift Tips - All	09:45 AM	<a href="#">Link</a>	45 minutes

\*race times are approximate and could result in slight delay of later races or events

<b>Registration</b>	<a href="#">Link</a>
<b>Courses</b>	February 21 <sup>th</sup> - Duchy Estate Route Details (Yorkshire) - <a href="#">Link</a> February 28 <sup>th</sup> - Champs-Élysées Route Details (Paris) - <a href="#">Link</a> March 7 <sup>th</sup> – London Classique Route Details - <a href="#">Link</a>