

Board of Directors Meeting Minutes 7/18/2022

Meeting attendees: (all on zoom) Board Members: Erik Camacho, Rikke Jeppesen, Jason Grefrath, Robert Leibold, Andrea Cherniak-Tyson, Haley Nielsen,

Absent: Keith DeFeibre, Melisa Avery, Mike Hardaway

Guests: Shawn Mehaffey, Ryan Fu

Official Start: 7:07 pm

Public Session:

No public speakers

President:

This time last year we discussed changing Master's Age brackets, so tonight's information presented by Jason is timely. As for the Road Season we have 13 more events on the calendar and there is no need to slow down now. We still have 6 Late season Road Races, 2 TT's, and 5 more crits. Racers have a chance to take a weekend off of racing and take a breath before San Rafael's Sunset Crit at the end of the month. Don Chapin will host the Masters and juniors crit in September. We are still looking for district championship events for Elite Crit and TT.

Treasurer:

2022 Q2 Financials

Contacted HR Block, Bobbe Watson for 2021 tax filing due 11/5/2022 – update, taxes filed on 7/22/2022

Robert needs to send check from Regalado RR \$282 asap please

Finances are better than last year, but should discuss increasing racer surcharge in 2023, perhaps from \$1.50 to \$2.00 as it is our biggest source of income.

Legal Zoom might be able to do the 501c3? For \$500-700

Rikke to excavate the list of attachments and delegate one attachment to each board member to complete by August or September board meeting

Committees

Officials:

BikeReg for Cal Cup races are active! Register early and often :)

Q: Shadow official opportunities?

Officials committee has moved forward with scheduling the police newsletter solicitation for new officials. Ryan will send a draft of the add

NICA fall races are starting, mtb officials, mtb collegiate racers could be aware of how officialing works

Getting officials: Have an MC at every race interview an experienced official,

Goal: educate the public that officials actually get paid, they don't have to work every weekend

Or in a different way disseminate information on how officialing works

Socializing after races, or at races

Promoters could set up hang-out sections where spectators or racers can hang out at or after races

Women have a much smaller community so it is easy to be supportive and know each other.

The same support community may not exactly exist for the men.

Elite men 1/2/3 are fairly social and cordial too

Who is the audience for being more social? Having more support? Novice? Cat 4s?

Could be announced by MC too, to attract certain groups at crits

Oakland Crit?

Giro di SF?

Free food and drinks always seems to attract a crowd

Scheduling:

TT District Championships - Athlone

Elite Crit championships - Oakland

Junior RR district championships - San Ardo

Masters and Junior Crit - Sand City

Competition:

Series Competition for BAR/BAT and Premier Series have been updated.

A great example of community after the Folsom P1/2 race. People were just hanging out and swapping stories.

Membership:

49 member clubs - No new clubs

Safety:

Fire season could cancel races

SEE NCNCA FLYER ON AQI on the last 3 pages of this document.

Women:

Summer series in progress

Last race is Dunnigan RR (may change date), may change to San Ardo

8 series winners (4 spring, 4 summer) will get winner jerseys this year

Gabby working with Pactimo on jerseys

Having 2 Women's fields at Watsonville made a lot of women come out and race, who wouldn't have come out otherwise.

Suisun Crit also now has two women's fields. Come out and play!

Juniors:

Melissa, any updates? (can write in here)

Policies and Procedures:

Andrea- let's discuss NCNCA Code of Conduct and how communicate to members

Rider Support as reporting mechanism for NCNCA CoC?

Assertive vs. aggressive racing

Motion: Approval for NCNCA Code of Conduct, with the understanding minor updates will need to be made Andrea, Haley, Motion Passes unanimously

DevelopmentMarketing/Comms:

DEI:

On future agendas: new item **"NCNCA/USAC business"**

USAC future of LA- meeting notes, Haley and Andrea attended first 2 meetings:

- Discussing dream vision of the LA/USAC relationship- USAC not on last call so can be more free with commentary
- Desire more structure as well as leadership/guidance from USAC going forward
- Currently each LA is its own entity and/or 501C3. We all could benefit from being more cohesive group with shared processes/procedures/structure for better efficiency addressing common duties, issues and needs
- Similarly, Colorado has merged with bicycle advocacy group to be a greater influence and "all things bike" umbrella organization. We should consider partnering up with local associations that have common interest in cycling, broadening our reach and clout.

- NorCal and SoCal, OBRA etc, could have a “west coast” entity/Regional Association, preferable with USAC paid staff, to serve as a liaison between LAs and USAC with a seat on USAC BOD
- A higher level entity could possibly better support LA efforts to recruit new riders
- Local associations agreed it would be good to get further clarification (than just the LA agreement) from USAC re: USAC expectations and role of the Local Association and what does “cycling” as a sport mean to USAC? Bmx? Singlespeed races, gravel races, riding to get ice cream? Currently not well defined
- USA Tennis or swimming for example, are good comparisons as they can be individual or team sports, and those seem much better organized Governing Body than USAC

Andrea reached out to Erika Lehman, USAC Chief Marketing Officer

Level Up Your Ride - a pilot program targeted for recreational and race curious

Women/trans/femme persons that follows USACrits schedule, in partnership with Wolfpack.

A training program similar to Early Birds

USAC is interested in phase 2 to broader LA - we are to have upcoming conversation with USAC

<https://usacycling.org/juniors/learn-to-race/level-up-your-ride>

Banquet:

Old Business (none)

New Business

2023 Board Elections

Put out solicitation at the end of august 2022.

2nd week of Sept. nominations

3rd week of Sept. accept candidate statements

Last week of Sept-early Oct - clubs vote

New board members join the October board meeting and the new board votes for officers

Fundraiser for Dunnigan and the Giro.

Robert is working on the fundraising, will put out info this week for opportunities this week.

Closed Session (none)

Adjourned: 8:40 p.m.

Next Meeting: 7pm Monday Aug 15 on Zoom.

Meeting Notes Approval (Please date below for approval)	Date
Jason Grefrath. 7/18/2022	7/18/2022
Melissa Avery	Absent
Keith DeFiebre	Absent
Erik Camacho	7/21/22
Haley Nielsen	7/19/2022
Robert Leibold	7/21/2022
Rikke Jeppesen	7/22/2022
Mike Hardaway	Absent
Andréa Cherniak	7/19/22

NCNCA –Bike racing and air quality

San Jose, August 2021

In recent years, poor air quality has become a health- and safety concern associated with outdoor exercise including bicycle racing in California.

To help racers and promoters make their own informed decisions about bicycle races (whether to hold or cancel a race and whether to participate in a race or not) NCNCA is providing some information below, from various reliable sources.

We hope you will find the information helpful.

On behalf of the Board of Directors of NCNCA,

Rikke Jeppesen
Treasurer

NCNCA –Bike racing and air quality

Air Quality Index (AQI) Values	EPA Levels of Health Concern	Colors	NCAA Levels of Health Concern
<i>When the AQI is in this range:</i>	<i>...air quality conditions are:</i>	<i>...as symbolized by this color:</i>	<i>NCAA proposed actions for schools:</i>
0 to 50	Good	Green	
51 to 100	Moderate	Yellow	
101 to 150	Unhealthy for Sensitive Groups	Orange	Consider removing sensitive athletes from outdoor practice or competition venues and closely monitor all athletes for respiratory difficulty. Reduce heavy or prolonged exertion in sensitive individuals.
151 to 200	Unhealthy	Red	Outdoor activities should be shortened, and exertion should be minimized by decreasing the intensity of activity. Sensitive athletes should be moved indoors.
201 to 300	Very Unhealthy	Purple	Serious consideration should be given to rescheduling the activity or moving it indoors. Prolonged exposure and heavy exertion should be avoided. Avoid all outdoor physical activity for sensitive individuals.
301 to 500	Hazardous	Maroon	Outdoor activities should be moved indoors or canceled if indoor activity is not an option.

Other considerations

- The EPA guidelines were developed for the general public, at a non-exercise activity level. It is currently not clear what the effects on individuals are, from prolonged, heavy exercise in compromised air quality.
- Fires from structures generally contain more pollutants than say a forest fire. If the AQI is caused by structural fire, consider racing at a level below what you would otherwise consider acceptable.
- Racing on consecutive days in poor air quality may be more harmful than racing just one day. If racing consecutive days, consider racing at a level below what you would otherwise consider acceptable.

- Juniors and younger athletes are considered more vulnerable than older racers, due to the fact that the effect of poor air quality is cumulative over time. If you are a junior or younger athlete, consider racing at a level below what you would otherwise consider acceptable.

Check the air quality near you at [PurpleAir.com](https://purpleair.com)

Read more at [AirNow.gov](https://airnow.gov)

See [EPAs guidelines here](#)

DISCLAIMER 1: The BoD of NCNCA are not health experts. The information above is simply an attempt to provide you with resources to make your own informed decisions.

DISCLAIMER 2: Any weather event, including poor air quality, does not entitle you to a refund or credit for a race, should the race get canceled due to adverse weather events.